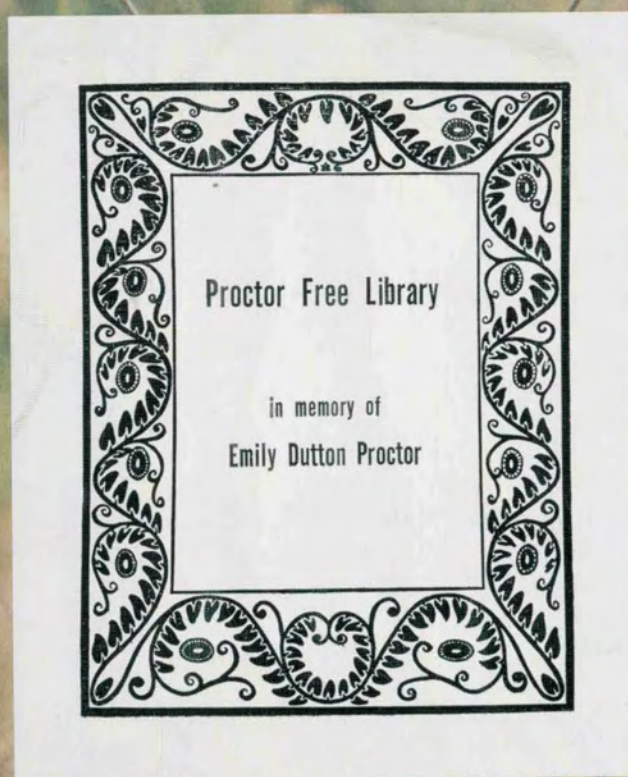




PROCTORIAN '76



Proctor Free Library

in memory of

Emily Dutton Proctor

PROCTORIAN '76
PROCTOR HIGH SCHOOL
PROCTOR, VERMONT



The eagle, flying wild and free,
alone in the quiet of the sky
. . . like the eagle, we too
are free to be ourselves . . .
in any way, at any time . . .
the choice is ours.



DEDICATION



We wish to dedicate the 1975-76 Proctorian to Miss Otilia Brolin who, because of her dedication and service to the teaching of Proctor students, is held in great esteem by the student body, staff, and community alike.

ACTIVITIES



STUDENT COUNCIL

The Student Council had another eventful year, sponsoring many activities including the annual candy sale, blood drawing, tennis tournaments, and the reinstatement of the student take-over day. Overall the 1975-76 year was a fine one, but in upcoming years it is hoped that there will be more interest and participation in Student Council activities.



Bottom, front-back, C. Burgess, R. Felie, E. Smith, D. Trombley, E. Hansen. Top, R. DelBianco, E. Weidman, F. Weidman, P. Pilcher, M. Corey, R. DelBianco, Missing, P. Gray.



Kneeling, l-r, J. McCullough, D. McCullough, M. Lavelle, A. Loso, I. Caceres, G. DelBianco, C. Trombley. R 2, L. Pehm, D. McCullough, N. Northrop, C. Jalbert, M. Cook, Mrs. Dalto, D. Provencher. R 3, M. Smith, J. Tillberg, A. Zani, K. Thatcher, J. Frazier, A. Larson. Missing, S. Rattik, T. Lertola, S. Degnen, L. Lafrance.

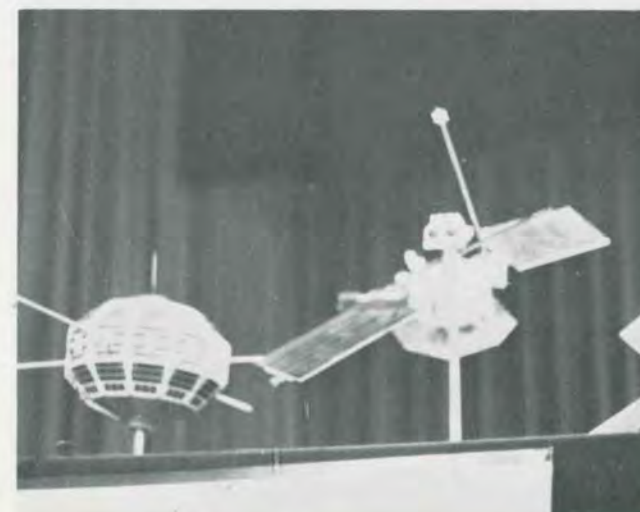


PROCTORIAN

The 1976 Proctorian staff started to create the yearbook early this year by getting ads in August. The staff raised enough money to extend the book eight pages without even raising the price! The staff has put a lot of time into making this the best yearbook ever.

SUTHERLAND

The Sutherland placed first in the Columbia Scholastic Press Association for a school our size despite financial difficulty. With Kim Valloch as our new editor, Judy Flory as assistant editor, and Jodi Allard as business manager the school newspaper published six issues. Our thanks to Mrs. Sherman for her help.



Sitting, J. Allard, K. Valloch, T. Curtis, P. Smith, N. Mattsson. Standing, K. Senecal, S. Senecal, C. Senecal, G. Russell, J. Tillberg. Missing, J. Flory.



R 1, C. Delpha, J. Senecal. R 2, D. Anderson, A. Perkins, K. Blanchard. Missing, D. Shortsleeve.

ASSEMBLY COMMITTEE

The Assembly Committee has arranged for one assembly this year, a folk singer named Vincent DiBernardo. Other assemblies we had included a program from NASA, the 40th Army Band, and the UVM band.

BAND

Front row, Miss Colton, M. Fiske, N. Northrop, D. Anderson, K. Russell, J. Ladabouche, H. Sienkiewicz. R 2, M. Miglorie, L. Anderson, W. Hansen, D. Skjetne, C. Muzzy, L. Draper, S. Buzzell. R 3, J. May, T. Lertola, R. Muzzy, C. Burgess. R 4, D. Riggs, J. Tillberg, J. Brewer. Missing, S. Delancy, A. Hansen, Z. Horvath.



The band had many more public appearances this year because of brand new jackets purchased by the enthusiastic, newly formed Music Boosters Club. The band was better than ever, and besides giving superb performances at the Christmas and Spring



concerts and Awards Night it also traveled to the All-State parade in Burlington, the Loyalty Day parade in Rutland, and the Memorial Day parade in Proctor. Band members attended the Regional Festival at Mill River and the Solo Ensemble Festival. All the



band members eagerly look forward to the summer town band. Many thanks go to Miss Colton for her time and effort unselfishly given to the Music Department at P.H.S.



STAGE BAND: Sitting, T. Lertola, K. Valloch. Standing, J. May, J. Tillberg, N. Northrop, L. Draper, J. Ladabouche, Z. Horvath, M. Miglorie.



MAJORETTES: S. Ratti, D. Martinez, K. Blanchard, C. Santoro, A. Perkins, J. Simons.

CHORUS

Below, SOPRANOS: Front row, J. Simonds, K. Russell, K. Blanchard, T. Caceres, D. Martinez, T. McGee, S. Smith. R 2, T. Robertson, A. Perkins, N. Izzo, C. Burgess, D. Anderson, A. Lapine. R 3, P. Finch, S. Degnen, M. Cook, A. Loso, V. Dorr. R 4, P. Shostak, M. Curtis, M. Smith, M. McCullough, P. Shostak, K. Davis. Missing, V. Chapin, J. Frazier, K. Thatcher, A. Zani, A. Larson, J. Fife, P. Manning.



ALTOS: Front row, D. McCullough, D. McCullough, E. Socinski, D. Skjetne, M. Perry. R 2, E. Weidman, K. Valloch, D. Trombley, P. Smith, D. Degnen, C. Trombley. R 3, N. Northrop, N. Mattsson, S. Ratti, L. Tillberg, S. Rita. Missing, J. Flory, D. Degnen.



ALL-STATE PARTICIPANTS: D. Riggs, J. Brewer, M. Curtis, J. Tillberg. Missing, P. Gray, D. Gallus.

The chorus had a lot of extra activities this year besides excellent performances at the Christmas and Spring concerts and Awards night. They appeared at the Rutland Mall over the Christmas holidays and

had an exchange concert in the spring with Mill River Union High School. Ten students tried out for All-State, and six talented and lucky members attended. Chorus members from both the junior and senior high sang in the Green

Mt. Regional Festival. The select chorus also performed at the Christmas and Spring concerts, Awards night, graduation, and the Solo Ensemble Festival at Mill River.



Above, TENORS: Front row, L. Young, S. Mitowski, M. King, S. Delancey, K. Rantanen. R 2, L. Skjetne, J. Brewer, M. Miglorie, D. Riggs. Left Center, Members of the Select Chorus.



BASS: Front row, F. Weidman, D. Gallus. R 2, S. Brewer, L. Draper, J. Tillberg. Missing, G. Valloch, S. Buzzell, P. Gray.

NATIONAL HONOR SOCIETY

This year 17 exceptional students qualified for the National Honor Society, the largest group ever to be inducted. The students were judged on their scholarship, leadership, service, and character. A welcome addition was the dynamic guest speaker, the Reverend Richard Marceau. A reception immediately followed in the Home Economics room for inductees and their invited guests.



Back row, l-r, D. Jones, M. Corey, B. Normandy, J. Allard, A. Larson, B. Hickey, P. Pilcher, D. Hanson, R. DelBianco, P. Gray, A. Zani, M. Stratton, M. Curtis, C. Trombley, J. Frazier, Mr. Pilcher. Front row, D. McCullough, D. McCullough, B. Caceres, N. Northrop, L. Pehm, J. Pentkowski, M. Perry, H. Racette, P. Shostak, D. Skjetne, M. Smith, K. Valloch, D. Degnen, J. McCullough.



TV TECHNICIANS

The 1976 TV technicians and Mr. Champine dedicated much time to the taping of basketball game, movies, tv programs, Winter Carnival events, and many other items. Their assistance was appreciated.

Left, Mr. Champine, D. McGee, B. Bushey, V. Gatti, L. Holland. Missing, G. Russell, R. Mitowski.



LIBRARY AIDES

This year's library aides did another fine job assisting both Mrs. Sherman and Mrs. Little. The school library was neat and orderly, thanks to the time and effort everyone put into her job.

Left, J. Davis, T. Tanner, D. Schaner, S. Smith.

WINTER CARNIVAL

The 1976 Winter Carnival was a big success, thanks to the participation of the students at Proctor High. The seniors won the carnival trophy for the third year in a row, but this year really had tough competition from the sophomore class which lost to the seniors by one-half point. Congratulations anyway, seniors; you did a great job! The week's festivities ended with the only formal ball of the year. Marybeth and Jaime climbed the "stairway to heaven" after Fresh Wind chose her as queen.



They're French fries and I helped!



Mmmm . . . good



Here I am . . .



Show and tell



Wow, look at those legs!



The Bionic Debbie



Bizzy Orr



Our own little trio



Broomball's the name of the game



Lou's little woman!



Who me?



Is that legal?



Where is the ball?



Give me my broom back!



Is it pancake yet?



Lunchroom blitz



Down to "de feet"



COURT, K. Thatcher, S. Rhodes, J. Frazier, D. Short-sleeve, J. Rajda, M. Stratton, G. DelBianco, E. Goodrich, P. Shostak, R. DelBianco.

DRAMA CLUB

The Drama Club, under the direction of Mrs. Burke and Mr. Ferguson, gave a professional and memorable performance of "Joy." The theater-in-the-round with its band of musicians providing background music was well received by the audience. The cast and crew proved they are talented on stage as well as in the kitchen preparing spaghetti.



Bottom, D. McCullough, E. Smith, M. Cook, I. Caceres, P. Smith, T. Robertson, C. Jalbert, D. McCullough. R 2, Mr. Ferguson, J. Brewer, N. Northrop, J. Tillberg, N. Mattsson, G. Russell, T. Lertola, D. Riggs, Mrs. Burke. R 3, M. Curtis, S. Thatcher, A. Perkins, E. Weidman, T. Curtis, L. Skjetne.



"HYPOTENUSE TO HISTORY"

On November 23, 1975, 25 Proctor High School students participated in the "Hypotenuse to History" project commemorating America's bicentennial. These students pulled a wooden cannon from Stowell Chevrolet in Rutland to the McKinley Ave. fire station in Rutland Town. The project was organized at P.H.S. by Rick DelBianco who attended Boys' State where the project originated. The students included Loren Draper, Jeff Brewer, Dave Grimes, Jim Tarazewich, Dave Shortsleeve, Larry Lafrance, Rick DelBianco, Paul Pilcher, John Shannon, Burt McCullough, Dave Morgan, Brian Hickey, Ron Rhode, Terry Mullin, Dianne Degnen, Kathy Thatcher, Pat Shostak, Pam Shostak, Judy Frazier, Judy Pentkowski, Judy McCullough, Martha Lavallee, Karen Davis, Ann Zani, and Mary Beth Stratton.



HONORS AND AWARDS

Valedictorian -----	Rick DelBianco -----	Salutatorian -----	Paul Pilcher -----
Honor Students -----	Rick DelBianco Paul Pilcher Jay Ballou Tim Bartlett Frank Beyette Debbie Buskey Brenda Caceres Leona Culver Mary Curtis Karen Davis	Dianne Degnen Judy Frazier Peter Gray David Grimes David Hansen Brian Hickey Debbie Jones Mary Jean Kynoski Andrea Larson	Martha LaVallee Burt McCullough Judy Pentkowski Pam Shostak Pat Shostak Rob Smith Mary Beth Stratton Kathy Thatcher Ann Zani
Silver "P" -----	Rick DelBianco Peter Gray	Judy McCullough Paul Pilcher	Ann Zani
Character Achievement Award -----	Paul Pilcher		
Vermont Honor Scholarship -----	Paul Pilcher		
Abbot Scholarship -----	David Hansen		
Danforth Award -----	Karen Davis, David Grimes		
UVM Math Award -----	Paul Pilcher		
National High School Math Award -----	Debbie Jones		
General Mills Award -----	Paul Pilcher		
National Choral Award -----	Mary Curtis		
Art Award -----	Mary Smith		
DAR Award -----	Mary Curtis		
UVM Certificate of Honor -----	Paul Pilcher		
Business Award -----	Martha LaVallee, Pat Shostak		
Vocational School Gold Medal Awards -----	David Grimes - Plumbing Steve Grimes - Carpentry		
Vocational School Director's Award -----	David Grimes		
Robert J. Martel Award -----	David Grimes		
Sutherland Award -----	Kim Valloch		
Gregory Socinski Memorial Award -----	Joel Tillberg		
Boys' State -----	Vinni Gatti Wes Hanson Rob DelBianoc, Alt.		
Girls' State -----	Kim Valloch Naomi Northrop Marlene Perry, Alt.		

SPORTS





R 1, Co-Capt. D. Morgan, D. Taranovich. R 2, Mgr. E. Goodrich, R. DelBianco, S. Sule, D. Hanson, D. Lertola, B. McCullough, B. Hickey, P. Pilcher, R. DelBianco, K. Abrahamson, J. Brewer. R 3, D. Gallus, D. Socinski, R. Mecier, J. Gray, F. Weidman, J. Tarazewich, R. Dorr, R. Smith, L. Laf-rance, J. Ojala, W. Hansen, J. Stratton, Coach Lee Orvis. Missing, A. Hansen, S. Buzzell.



The 1975 soccer team had a record of 12 wins, 0 defeats, and 4 ties. Coach Orvis attributed the fine season to excellent spirit and team play. He felt it was one of the most rewarding years for the players and the coaches since the team was not expected to accomplish so much. The team is losing several seniors but has a fine nucleus of underclassmen returning. Coach Orvis and the team are looking forward to another exciting soccer season next year.



VARSITY SOCCER



Below, R 1, Co-captains J. McCullough, P. Shostak, D. Degnen. R 2, T. Robertson, D. Trombley, D. Soulia, M. Corey, H. Racette, S. Anderson, M. Godzik. R 3, D. McCullough, Manager, T. Lertola, E. Weidman, L. Soulia, D. McCullough, M. Smith, S. Degnen, M. Cook, C. Jalbert, D. Skjetne. Missing, Coach Dunstan.



FIELD HOCKEY

In the C.V.G.A.L. the field hockey team had a fine season. They were league champs with a record of 11 wins - no losses - 1 tie. A strong defense, accurate passes, and good timing were the keys that helped them put together 7 shut-outs during the season. In state tournament action Proctor didn't fare as well. The team lost to Whitcomb 1-0 in the quarter finals.





Belos, sitting, D. Morgan, R. DelBianco. Kneeling, H. Johnson, B. Hickey, D. Short-sleeve, L. Lertola. Standing, Mgr. R. Moran, P. Pilcher, K. Abrahamson, R. DelBianco, P. Gray, L. LaFrance, Coach Mitchell.



BOYS' VARSITY BASKETBALL

Under rookie coach Wade Mitchell the phantoms had a very successful and exciting season as they won the "M" division of the Marble Valley League and advanced to the class "M" state finals. Opening the season with 12 straight wins the Phantoms eventually ended up with a 19-5 record as they were upset by West Rutland in the finals 44-39. In winning the MVL the Phantoms knocked off Class "I" champs Burr and Burton 68-59 and extended the school's winning streak to 41 straight unbeaten games before bowing to Fair Haven.



Kneeling, Co-capt. D. Degnen, A. Larson. Standing, Mgr. D. McCullough, G. DelBianco, J. McCullough, L. Anderson, D. Provencher, T. Robertson, C. Trombley, J. Frazier, A. Zani, P. Shostak, D. McCullough, Coach Dorr.

GIRLS' VARSITY BASKETBALL

The 1975-76 girls varsity basketball team had another great year. They played 14 CVGAL games and ended with a 12-2 record. They reached the tourneys and beat Concord 59-48. In the quarter-finals the girls lost a hard game to Whitcomb 42-36. Ludlow held a Christmas tournament, but the Phantomettes could not pull in a victory. High scorers included Dianne Degnen with 219 points, Pam Shostak with 191, and Andy Larson with 181. Judy Frazier collected a total of 201 rebounds and Ann Zani 148. Sophomore Deb Provencher was a big help when relief was needed. With no returning starters, the 1976-77 Phantomettes should have a very interesting year!





VARSITY CHEERLEADERS

The past year was a most exciting one for the cheerleaders. We had two great squads of hard working athletes. They spent many hours developing new cheers and pep rally ideas. Their poster contest was very successful and the results graced our gym throughout the season. A spectacular pep rally was staged before the state finals but unfortunately didn't seem to do the trick.



Left, top-bottom, M. Smith, P. Shostak, E. Weidman, M. Corey, T. Lertola, J. Allard.



Nevertheless, the girls were the epitome of good sportsmanship under some very trying situations.

They attended a cheerleading clinic at MSJ and placed second against other Rutland County schools. Hopefully some of the girls will attend a cheering camp at Schroon Lake this summer.



Above, Kneeling, Coach Mitchell, R. Mecier, R. DelBianco, P. Garrow, K. Abrahamson, J. Tarazewich, K. Blanchard, M. Curtis. Standing, D. Riggs, J. Stratton, R. Moran, D. Taranovich, D. Shortsleeve, T. Bartlett, D. Morgan, D. Lertola, B. Hickey, R. DelBianco, R. Dorr.

BASEBALL

The Proctor Phantoms won their third straight M.V.L. title and third straight Class M State Championship this year, boasting a 15-2 record overall. The Phantoms beat West Rutland in the state finals 3-0 and tied with Otter Valley for the M.V.L. championship with a 10-1 record. Coach Mitchell did a fine job again this year, upping the Phantoms' record to 42-4 for the past 3 years. Along the way Proctor beat Class L power Brattleboro and Class I state champs Otter Valley, proving that the Phantoms are as good as any team in the state, and that they are still number "1."

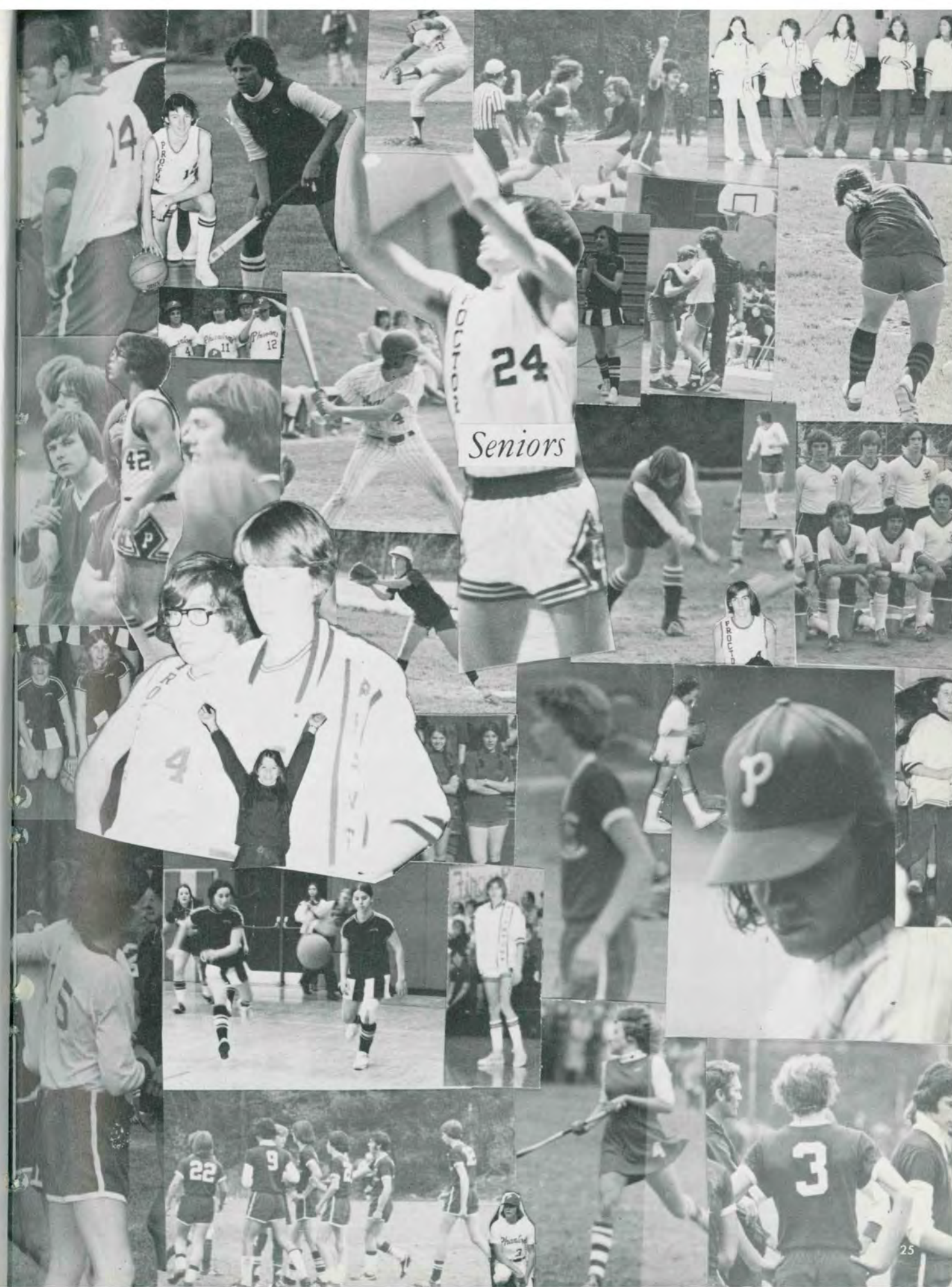




TEAM PHOTO: Front, P. Shostak, A. Zani, Manager D. McCullough. R 2, Coach Dorr, D. McCullough, L. LaFrance, M. Corey, G. DelBianco. R 3, S. Thatcher, P. Visi, D. Trombley, P. Shostak, A. Larson. R 4, K. Senecal, M. Perry, M. Stratton, C. Jalbert.

SOFTBALL

The girls' softball team finished their season with a record of 10-4. From there they started the playdown for the state championship. The girls were seeded second and moved directly into the quarter finals where they won over Twinfield 15-3. This was the first time a Proctor girls' team had made it into the semi-finals, a proud moment for everyone. They lost in the semi-finals to Wilmington 9-3. The girls felt this was one of the best softball seasons in a long time as they retired with an overall record of 11 wins and 5 losses.



J.V. SOCCER

J.V. TEAM: E. Racette, M. Fiske, J. Morgan, C. Zani, C. Perkins, D. Anderson, J. Baker, D. Garrow, Z. Horvath, B. Loso, M. Miglorie, G. Cyr, S. Mitowski, B. Pehm, L. Young, B. Allard, P. Curtis, E. Hansen, P. Jalbert, J. LaFrance, B. Rodgers, H. Sienkiewicz, B. Skjetne, W. Tarazewich, M. King, G. Santoro, Coach Paul Wager.

With their season extended by 2 games, the J.V.'s finished with a

2-5 record. There was no team picture available.



JUNIOR HIGH SOCCER

The junior high had a great team this year. Led by the scoring of Jim Morgan, the defensive efforts of Wally Tarazewich, and a fine performance in the goal by Chris Perkins, the team ended their season with a 6-1 record.



Kneeling, E. Racette, B. Pehm, S. Mitowski, E. Hansen, B. Rogers. Sitting, K. Rantanen, G. Cyr, J. Baker, Z. Horvath, L. Young, R. Anderson, M. Miglorie, M. Fiske, M. King, B. Loso, J. LaFrance, J. Morgan. Standing, W. Tarazewich, B. Skjetne, P. Jalbert, P. Curtis, J. Murdock, H. Sienkiewicz, W. Allard, D. Garrow, C. Perkins, C. Zani.

Below, Sitting, D. Trombley. Kneeling, C. Swahn, M. Cook, E. Smith, S. Senecal, M. Welch, Manager. Standing, Coach Shostak, T. Varga, T. Curtis, P. Smith, L. Caceres, Coach Collamore. Missing, L. LaFrance.



Above, Kneeling, J. May, P. Garrow, R. Mecier, J. Gray. Standing, Manager M. Curtis, D. Riggs, G. Curtis, E. Loso, R. Dorr, R. Tanner, Coach Wager. Missing, S. Dix, J. Leonard, M. Jones, J. Ojala, F. Weidman.

J.V. GIRLS' BASKETBALL

Led by the scoring and rebounding of Teri Curtis and Deb Trombley, the J.V.'s ended their second season of competition with a 3-10 record. Showing a consistently strong defense, the team has built a strong base for future years.



J.V. BOYS' BASKETBALL

The J.V. boys finished their season with a 13-7 record. They lost 2 games when they journeyed to West Rutland for the first West Rutland J.V. Tourney. The talent of this team will be looked for in future years.

JUNIOR HIGH BOYS' BASKETBALL

The 1975-76 junior high basketball team, coached by Mike Corey, sported an 8-6 record. The squad consisted of 20 eager players, most of whom saw action in well over half the games. The high point of the season came when they dropped a 43-40 decision to West Rutland in an action-packed final in the jr. high tournament. Many of the boys will be moving to the jr. varsity next year; however, there will be a strong contingent remaining behind from the 7th grade to insure great things in 1976-77.



Kneeling, l-r, B. Allard, L. Young, C. Zani, M. Fiske, E. Hansen, B. Skjetne, Z. Horvath, R 2, Mgr. S. Mitowski, J. Morgan, P. Curtis, F. Fredette, M. King, R. Anderson, B. Loso, M. Migloric, C. Perkins.



Bottom, l-r, C. Burgess, E. Socinski, N. Izzo, S. Loso, R 2, Coach Young, V. Vitale, V. Tanner, S. Lester, S. Rita.

JUNIOR HIGH GIRLS' BASKETBALL

The junior high girls' basketball team entered its second season with a team of 6 players: C. Burgess, Co-capt. N. Izzo and E. Socinski, S. Lester, S. Loso, and V. Tanner. They played a 10-game schedule with a final standing of 2-8, which does not accurately reflect the tremendous progress, effort, and enthusiasm evident in all the players. The final game against Barstow at Proctor was a well-earned victory and a thrilling conclusion to the season.



L-r, A. Perkins, D. Soulia, D. Degnen, D. Skjetne, S. Ratti.



JV CHEERLEADING

The JV cheerleading squad did a great job supporting the JV boys. They worked hard with the varsity cheerleading squad in planning the pep rallies and poster contest. Unfortunately, the JV's lost a member due to an injury, but the enthusiasm was as strong as ever.



JUNIOR HIGH CHEERLEADING

The junior high cheerleading squad did a fine job this year, learning many new cheers. Two varsity cheerleaders, Bizzy Weidman and Jodie Allard, worked together with the girls to build a fine squad.

Below, A. Jasmin, T. Caceres, K. Russell, L. Soulia, D. Anderson, J. Simonds.





PROCTOR'S ALL STAR LINE-UP

1976

PAM SHOSTAK
CVGAL FIELD HOCKEY,
BASKETBALL AND
SOFTBALL ALL STAR

DAVE SHORTSLEEVE
MYL BASKETBALL
AND BASEBALL
ALL STAR

MAUREEN COREY
CVGAL FIELD HOCKEY
ALL STAR

DAN TARANOVICH
MYL SOCCER
ALL STAR

ROB DELBIANCO
MYL BASEBALL
ALL STAR

DARLEEN McCULLOUGH
CVGAL FIELD HOCKEY
ALL STAR

DAVE MORGAN
MYL SOCCER
ALL STAR

DIANNE DEGNE
CVGAL BASKETBALL
ALL STAR

PROCTOR AZ



PROCTOR HAS A WAY OF TURNING OUT CHAMPIONS!

CONGRATULATIONS TO THE MYL, CLASS M STATE CHAMPION SOCCER TEAM, THE CYGAL CHAMPION FIELD HOCKEY TEAM, THE MYL CHAMPION BASKETBALL TEAM, AND THE MYL, CLASS M STATE CHAMPION BASEBALL TEAM.

ADMINISTRATION AND FACULTY



ADMINISTRATION



SCHOOL BOARD, l-r, Mrs. Gretchen Weidman, Chrmn.; Mr. Louis Lertola, Col. Herbert Wilson, Mr. John Socinski. Missing, Rev. John Bixby.



Mr. Richard Zani
Superintendent



Mr. Roger Mitiguy
Principal



Mr. H. Robert Abrahamson
Athletic Dir., Assist. Principal, Math



Mr. James Wolyneec
Guidance

FACULTY



Miss Janice Collamore
Remedial Education



Mr. Bruce Hansen
Industrial Arts



Mrs. Barbara Little
Mrs. Sherman's Substitute



Miss Janice Liberty
Art



Mr. Roy Pilcher
Mathematics



Miss Reeta Colton
Music



Mrs. Madeline Sherman
Librarian, Social Studies



Mr. Tom Sheehan
Jr. High English



Mr. David Ferguson
French, English



Mr. Ed Godlewski
Math, Science



Mrs. Margaret Nemcek
Social Studies



Miss Barbara Dunstan
Girls' Physical Education



Mr. Paul Wager
Boys' Physical Education



Miss Virginia Chrismar
English



Mr. Lee Orvis
Social Studies



Miss Carolyn Dorr
Home Economics



Mr. Norman Champine
Science



Mrs. Karen Burke
English



Miss Ann Young
English, German



Mr. Sam Ezzo
Jr. High Science



Mrs. Estelle Chandler
Business Education



Mrs. Pauline Dalto
Business, English

HELPERS



Mr. William Blaise
Custodian



Mrs. Patricia Valloch
Secretary



Mr. Bernard Ratti
Custodian



Mrs. Ellie Austin
Lunchroom Supervisor



Mrs. Roma Saceric
Cook



Mrs. Lee Bacei
Cook



Mrs. Joan Faulkner
Secretary

CLASSES



JUNIORS



Jodie Allard
Sharon Anderson
Joseph Beauregard
Ronald Bushey

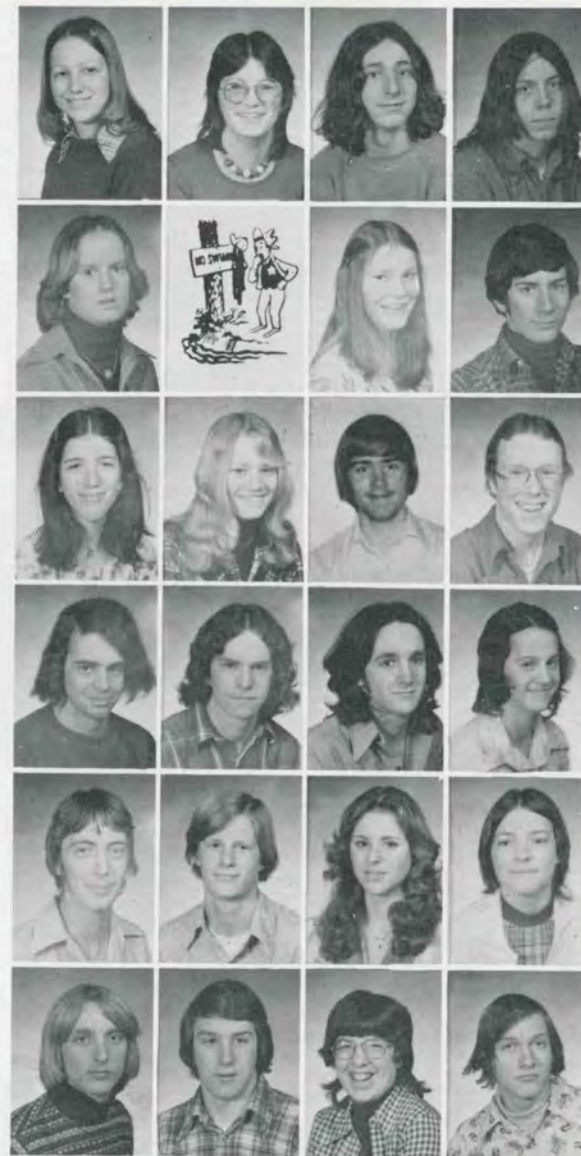
Marueen Corey
Paul Corliss
Nancy Covell
Rob DelBianco

Carolyn Delpha
Lisa Deyette
Steve Dix
Ronald Doty

Edward Dwyer
David Gallus
Vincent Gatti
Melissa Godzik

Brian Griffin
Wesley Hansen
Kathy Harrison
Sue Howland

Mark Jakubowski
Herb Johnson
Sharon Jozwiak
Jim Ladabouche



Jeff Leonard
David Lertola
David Lester
Edward Loso

Mark Loso
Doreen McCullough
Ronea Mercier
Jennifer Murdock

Belinda Normandie
John Ojala
Carlene Peterson
Helen Racette

Kim Senecal
Debbie Skjetne
Mary Smith
Missy Smith

Dave Socinski
Diane Soulia
Paula Thibault
Rob Thornton

Cathy Trombley
Kim Valloch
Paula Wheeler
Michele Wood



The junior class was more active this year than ever before. The sophomore-junior dance was a huge success. The juniors came in last in the candy sale but had a bottle drive and raised \$65. They placed third in the Winter Carnival.



CLASS OFFICERS



Naomi Northrop
President
Marlene Perry
Vice President

Darlene McCullough
Secretary
Lori Pehm
Treasurer



SOPHOMORES

As usual the enthusiastic sophomores had a good year. In the Winter Carnival events they placed second, losing to the seniors by a half point. With a first place win in the candy sale, a very successful turkey raffle, and a carwash, the sophomores are now \$120 richer than last year.



CLASS OFFICERS

Bob Mitowski
President
Dan Riggs
Vice President

Linda Anderson
Secretary
George Pilcher
Treasurer



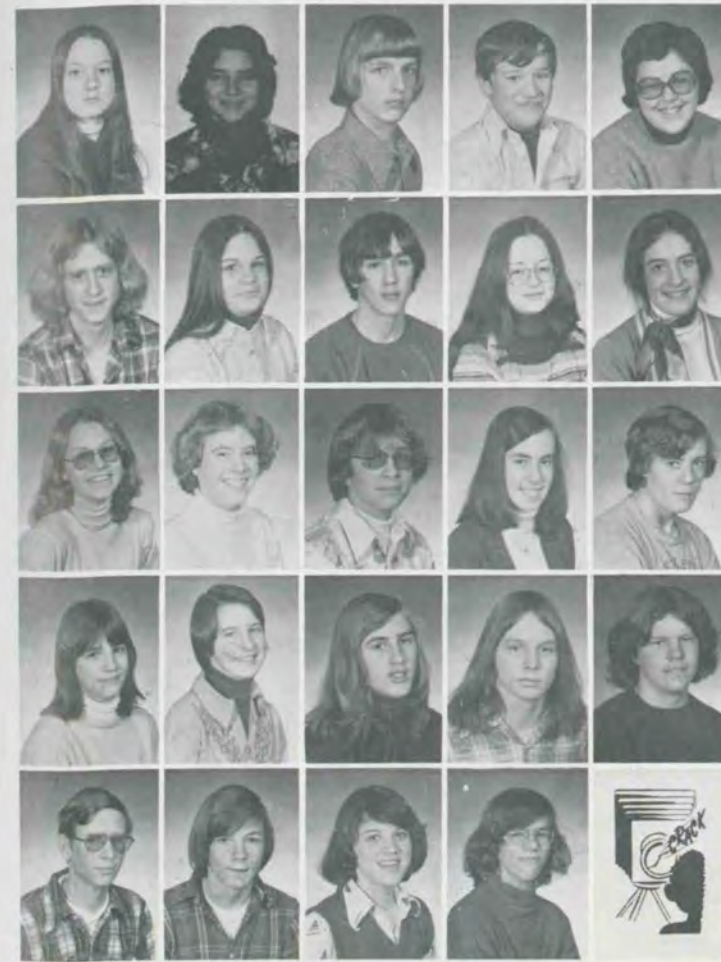
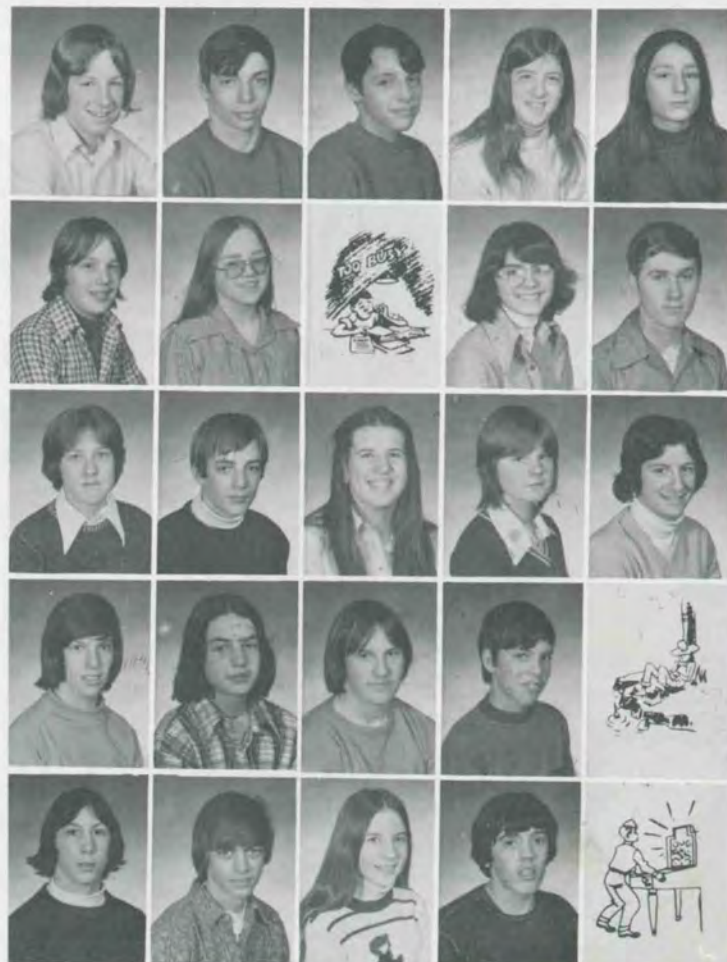
Kirk Abrahamson
Joe Baker
Richard Baker
Anita Ballou
Mike Beauregard

Scott Brewer
Barbara Bushey
Steve Buzzell
Lisbeth Caceres
Mark Chapin

Elaine Corliss
Mike Curtis
Teri Curtis
Joan Davis
Gail Delbiaco

Glenn Delpha
Kevin Dorr
Randy Dorr
Tim Erickson
Judy Flory

Paul Garrow
Philip Grimes
Kathy Haley
Kevin Hanson
Andy Hansen



Laura Holland
Michele Izzo
Chris Jakubowski
Steve Lanphere
Tracey Iertola

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Tim Atwood
Kevin Blanchard
Steven Burgess
Ileana Caceres

Kelley Capman
Vicky Chapin
Mary Cook
Ricky Coolidge

Gregory Curtis
Susy Degnen
Trena Delancey
Jan Delpha

Cherie Doty
Donald Gee
David Gradziel
John Gray



Jeff Grimes
Troy Hanson
Maureen Hickey

Conni Jalbert
Bonnie Johnson
Randy Johnson

Mark Jones
Linda LaFrance
Bruce Lockerby



Ann Loso
Helen Loso
David McGee
Ray Moran

Cheryl Muzzy
Roberta Muzzy
Tim Patch
Jeff Russell

JoAnn Senecal
Sandra Senecal
Ellen Smith
Pat Smith

Scott Sule
Charlene Swahn
Helena Tanner
Kenny Tanner

Dick Tanner
Sue Thatcher
Tina Varga
Paula Visi

Frank Weidman



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Joey Stratton
Vice President
Deborah Trombley
Secretary
Erik Anderson
Treasurer

The freshmen had a good year. With full class effort they competed enthusiastically in the Winter Carnival and the candy sale. Their Sadie Hawkins dance was a big success, bringing in a bundle for their treasury.

EIGHTH GRADE



The eighth graders were among the top scorers this year with a third place win in the Winter Carnival events and fourth place showing in the candy sale.



William Allard
Diane Anderson
Jeff Barney

Roger Barry
Cara Burgess
Patrick Curtis
David Delancey

Debbie Degnen
Penny Finch
Lawrence Fredette



Michael Godzik
Eric Hansen
Nan Izzo
Peter Jalbert
Kevin Jones

Jeff Lafrance
Allison Lapine
Sharon Lester
Tonya McGee
Jim Morgan



Jon Murdock
Chris Perkins
Ernest Racette
Susan Reta
Benny Rogers

Gregory Santoro
Brian Schaner
Denise Schaner
Henry Sienkiewicz
Bjarne Skjetne



Susan Smith
Ellie Socinski
Tammy Tanner
Vicky Tanner
Wally Tarazewich

Laura Tillberg
Vickie Vitale
Michelle Welch
Charlie Zani



SEVENTH GRADE



Richard Anderson
Jonathan Baker
Vicky Barney
Karen Blanchard

Trinidad Caceres
Margaret Curtis
Guy Cyr
Scott Delancey

Valerie Dorr
Paul Dumas
Ranee Felle
Julie Fife



Michael Fiske
Dale Garrow
Zollie Horvath
Todd Jakubowski

Annette Jasmin
Michael King
Bernard Loso
Susan Loso

Patience Manning
Delores Martinez
Mark Miglorie
Steve Mitowski

Brian Pehm
Robert Perry
Kevin Rantanen
Karen Russell

Brian Senecal
Jean Simonds
Kathy Smith
Ellen Soulia

Pamela Tanner
Jason Thornton
Todd Yakunovich
Lawrence Young



The seventh graders survived their first year at P.H.S. with only minor mishaps. They earned a reputation as tough competitors in the annual Candy Sale.

SENIORS



ROBERT G. HARRISON
Now he is gone, without a passing word
He has slipped from our grasp, and into our memories,
No longer is his quick smile, or his hello a part of our lives.
Our thoughts like silent raindrops fall lovingly from our hearts in . . . memory of "Pickle."
He will be forever remembered as a friend to the student body and faculty of Proctor High School.





BETH ALLEN

"Even if I had the gift of faith so that I could speak to a mountain and make it move, I would still be worth nothing at all without love."

Mark, the Hornet, Rhoda, Maine, Voc, Chet's, Burlington, little nurse, wedding bells



BARBARA ANDERSON

"God did not create woman from a man's head, that he should command her. Nor from his feet, that she should be his slave. But rather from his side, that she should be near his heart."

Dave, Goose, vie Voc, Streak, Butt, Marks, heavy Chevy, "Yeah but," Corliss, Orby



JOHN BALLOU

"No man is the worse for knowing the worse of himself."

Jay, Chittenden, kitten, cruisin', Norcross Eldridge



TIMOTHY BARTLETT

"I do then with my friends as I do with my books. I would have them where I can find them, but I seldom use them."

Timmo, Mickey Mouse, "You're blushing, Tim," frost bite, treasurer, parties, "the toe"



FRANK BEYETT

"It is better to love two too many than one too less."

Gut, Voc, Lisa, Nancy, big flirt, Karen, Sue R., Sue C.



JEFF BREWER

"Life's hard by the yard; by the inch it's a cinch."

Guitar man, "Ah ha, Mrs. Austin," Rutland girls, "Well, uh, I don't know, uh," George, summer of '73, Jesum Crow!, baloney



DEAN BURGESS

"It takes less time to do a thing right than to explain why you did it wrong."

Deano, mean Dean, party boy, quiet, innocent?, Rutland Towner



DEBORAH BUSKEY

"Too many of our prejudices are like pyramids upside down. They rest on tiny, trivial incidents; but they spread upward and outward until they fill our minds."

Chet, cable, Henry, parties, Fritz, Smiley, D. B.



BRENDA CACERES

"That which was bitter to endure may be sweet to remember."

Bob, Mexican Hat dance, the Wobbly, art, bookworm, "The Wide-Awake Bank"



LEONA CULVER

"Be kind to others, it's more fun than you know. Give joy to others, and watch your own grow."

School's out forever!, graduation party, pink, Rock and Roll, Saint Bernard, cutlass Olds, Rutland Hospital, Cherie and Bill, parents, relatives, friends, Mommy's girl



DIANNE DEGNEN

"When one tugs at a single thing in nature, he finds it attached to the rest of the world."

Mark, that laugh, UVM visits, ecologist, Andrea's camp



RICHARD DELBIANCO

"Being yourself is hard to do. But in my life, in sports, in school, and in my home, it has made me what I am - an individual, an athlete, a scholar . . . a person, it has made me."

Pat, Boys' State, Rutland Towner, UVM, Red Sox, jock brains?



MARY CURTIS

"There is an energy in us which make things happen when the paths of other persons touch ours, and we have to be there to let it happen."

Mary Kay, Girls' State, big blue eyes, Butch, All-State, Endicott



KAREN DAVIS

"Time is but the stream I go a-fishing in. I drink at it; but while I drink I see the sandy bottom and detect how shallow it is. Its thin current slides away, but eternity remains."

Nurse, Voc, Chittenden, Frank, blusher, that laugh, Girls' State, Rutland Hospital



SCOTT DAVIS

"All the wealth of the world could not buy you a friend; or pay for the loss of one."

Chittenden chuck, German Racing Unit VW, Art class '76, heavy Chevy



LESLIE DEYETTE

"Good soil grows good grass."

Chittenden chuck, Voc, "couldn't get much higher"



LOREN DRAPER

"We have this saying from the learned, that a marvelously fearful thing is love, and that true love is never without fear."

Rusty and Karen, Voc, Chittenden, Rambler, Little Drummer Boy, "Coors on tap"



JUDITH FRAZIER

"When you learn that plants have to eat stuff they find in the dirt, you're awfully glad you weren't born a carrot."

Fred, Dave, Starbrites, Andreas camp, Tch, Yuch!, you creep, Florida



CYNTHIA GEE

"I am not afraid of tomorrow, for I have seen yesterday, and I love today!"

Voc, Cindy



ERNEST GOODRICH

"One swallow doesn't make a summer, but too many swallows make a fall."

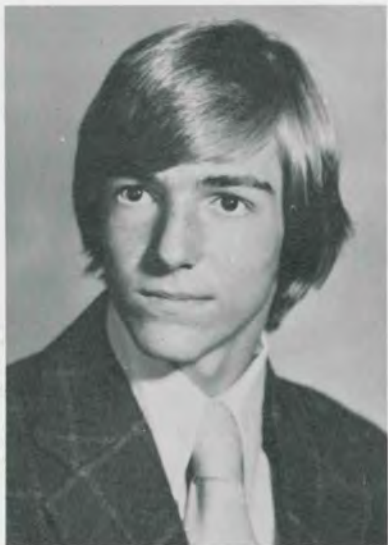
Gail, "absolutely," "naht-naht," flirt, \$1.54, grade school, "Get the ladder," kitchen, FRED



DAVID GRIMES

"The trouble with trouble is that too often it starts out by being fun."

Grizzly, Cortina, Joan, technically speaking



PETER GRAY

"You can pick your friends and you can pick your nose, but you can't pick your friend's nose."

The thread, Rutland girls, Pistol, Magician, filthy Falcon, WHITE pants?, "That's it, Shortsleeves, I'm leaving!"



STEPHEN GRIMES

"When someone wants me to do something and says, 'As long as you're not doing anything,' they don't understand that doing nothing is exactly what I want to be doing."

Alice, Bear, Voc, carpentry, Pabst, Cortina, mechanic



DAVID HANSON

"Some men are wiser than others; they know less but understand more."

Melissa, Hamster, Ham, Sterling School



BRIAN HICKEY

"Not how lavishly but how happily you live is what counts."

Hickbone, bones, Joe's, Mooch, cruisin'



THOMAS HOLLAND
"An expert is one who knows more and more about less and less."

The Gut, Voc, artist



DEBORAH JONES
"Man's fear of ideas is probably the greatest dike holding back human knowledge and happiness."

Quiet, long hair, smarty, Gil's, Bojo, UVM



ANDREA LARSON
"God forbid that I should go to any heaven in which there are no horses."

Dicky, Pond Hill, camp, Star-brites, "Dream on!", horses, 5.5, "Hey now," "Want you dessert?", "I feel sick," North Dakota



MARTHA LAVALLEE
"Don't walk behind me, for I may not lead. Don't walk ahead of me, for I may not follow. Just walk beside me and be a friend."

John, Gut girls, Voc, Marf, blue jeans, "Don't bother me," weekend benders, Pack Rat #1



BURT McCULLOUGH
"Be what you is because if you ain't, then ya ain't what you is."

Homer, "moooo," "thank god, I'm a country boy," "cruisin'," party time?



MARY KYNOSKI
"Resolve to be tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant with the weak and the wrong. Sometime in life you will have been all of these."

MEAN, those specs, diets, Rutland, J. C., broke, parties



LAWRENCE LAFRANCE
"It's a great life, why don't you reach out and take it. Jump for the top and you'll make it; stick with your dreams and you'll find your way."

Lobel, Fifi Labelle, walking Casino, those parties, Red Sox, "The Fonz," "One-A-Day," Boards



LORI LAFRANCE
"Cherish yesterday, dream tomorrow, live today!"

Voc, summer of '75, "Lor," walks, "Laura," Oldsmobile, quiet?, "Ya know," Paul, Toyota



JUDITH McCULLOUGH
"Two roads diverged in a wood, and I - I took the one less travelled by, and that has made all the difference."

Daddy's little helper, \$500\$, splinters, Puppy and Pinnie, Castle



DAVID MORGAN

"It is best to love wisely, no doubt; but to love foolishly is better than not to be able to love all."

Organ, Kim, soccer jock, "Seriously now," "cruisin", parties, Keene, "certainly"



TERRY MULLIN

"You can easily judge a man's character by the way he treats those who can do nothing for him."

Moon, fisherman, "I'm goin' huntin'," "Monkey Wards, the drive-in, parties, 'I'm taller than you, Kath!'", "cruisin"



JUDITH PENTKOWSKI

"The human heart is not built in a day; it takes a lifetime to make a human heart. It takes all; birth and learning how to talk, making wishes, living with hope, dreaming dreams."

Osco, chemistry whiz, pre-med, poetry, MCP, serious



SCOTT ROBERTSON

"We should live, not merely exist."

Missy, "It's raining out!", Monkey Wards, Lyndon, parties, the Drive-in, skier, B1b1b1l1l1l1, silhouette at Chittenden Dam



PAUL PILCHER

"If I shoot at the sun, I may hit a star."

Pooch, Lank, Rutland girls, shampoo?, Julie



RONALD RHODE

"He lives long, that lives well, and time misspent is not lived but lost."

Linda, um,, car, um, foo, um, "The Apartment," um, Monza, um, Voc, um, V.T.C.



CHERIE SENEAL

"The trouble with some people is that they won't admit their faults. I'd admit mine . . . if I had any."

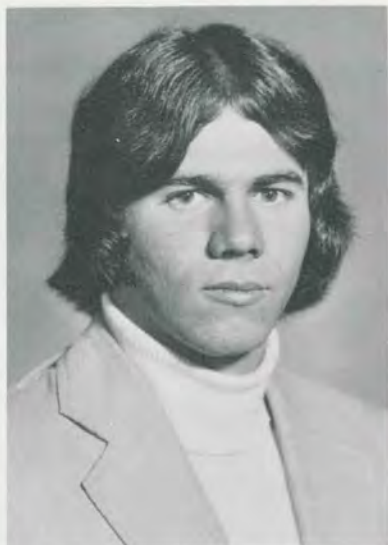
Fuzzie, little one, pinball, truck driver, the Green, Bud-Man, Gut girl, Kevin



JOHN SHANNON

"A friend is someone who can see right through you and still enjoy the show."

Drummer, the movies, wreckless driver, Gremlin, "Oh, my uncle gave it to me," Shaeffer, Annie



DAVID SHORTSLEEVE

"When this you see remember me and bear me in your mind, Let all the world say what they may, speak of me as you find."

Shorty, Freddy, Harode, baseball, big fella, those 1,000 points and rebounds



PAMELA SHOSTAK

"I'm unique in the world, an individual at heart. I was born a twin, which sets me apart. People expect us to share life's mysteries, but little do they know we are different, we have true identities."

Kevin, jockette, C.S.C., Jogging, diets, "Pat, shut up!"



DONALD TANNER

"Drink today, and drown all sorrow; you shall perhaps not do it tomorrow."

West Mountain, hotel, Schlitz, cruisin', wrestling, tuna



MARY TANNER

"My pets are like a ray of sunshine."

Guitar, Hawaii, diet, 19th Green, Canada, the good old days



DANIEL TARANOVICH

"To be what we are, and to become what we are capable of becoming is the only end of life."

"Locker room pranks," Danyel, soccer jock, U.V.M., Kawasaki



PATRICIA SHOSTAK

"Accept me as I am, so I may learn what I can become."

Rick, beautician, cheerleader, wiggles, "Pam, shut up!"



ROBERT SMITH

"Our chief defect is that we are more given to talking about things than to doing them."

Skier, lifeguard, parties, U.N.H.



MARYBETH STRATTON

"Friendship is like china; delicate and rare, it can be broken and mended, but the crack is always there."

West Side Story, Jamie, A & W, Queen '76, C.S.C., Chevy van, "Color My World"



JAMES TARAZEWICH

"Man is the only animal that eats when he's not hungry, drinks when he's not thirsty, and makes love through all seasons."

J. T., Jimbo, greased lightning, sudden trips, chews, animal man, Toyota, Voc, pick-off



KATHERINE THATCHER

"Even if you're on the right track, you'll get run over if you just sit there."

Sunny, flirt, "Oh, gross!", Andrea's camp, Monkey Wards, Florida, U.V.M., 10-timer, what?, "You're rotten!", parties



ANN ZANI

"I'd rather sit on a pumpkin and have it all to myself than be crowded on a velvet cushion."

Zani-Bite, Andrea's camp, Starbrites, Felix fan, Hawk watch, Colorado, artist, Grandma stories, German III



Jim T.

Terry M.

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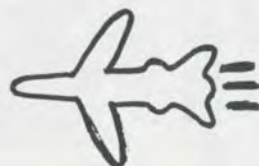
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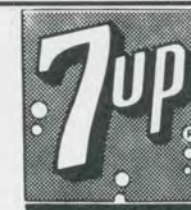
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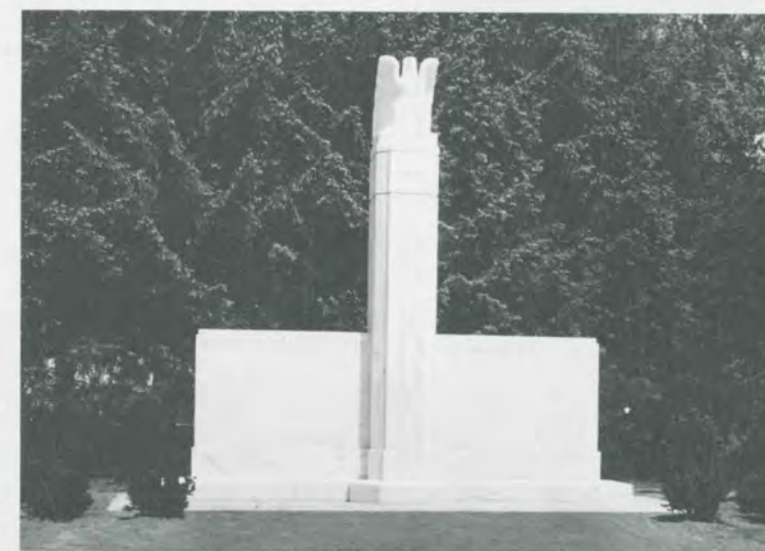
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Nelson Septic Tank Cleaning
Rutland Restaurant
Vermont Federal Savings
Wagon Wheel Gift Shop

Striving to be free . . .

The choice IS ours . . .



